

Demographic Data Sheet

1 Personal data

1.1 Diagnosis	<input type="checkbox"/> Schizophrenia ¹ : _____ <input type="checkbox"/> Depression ² : _____ <input type="checkbox"/> Bipolar Disorder ³ : _____ <input type="checkbox"/> Psychotic Disorder ⁴ : _____ <input type="checkbox"/> Others ⁵ : _____
1.2 Gender	<input type="checkbox"/> Male ¹ <input type="checkbox"/> Female ²
1.3 Age	<input type="checkbox"/> 18-24 ¹ <input type="checkbox"/> 25-34 ² <input type="checkbox"/> 35-44 ³ <input type="checkbox"/> 45-54 ⁴ <input type="checkbox"/> ≥55 ⁵
1.4 BMI	<input type="checkbox"/> < 18 ¹ <input type="checkbox"/> 18.5-22.9 ² <input type="checkbox"/> 23-24.9 ³ <input type="checkbox"/> 25-29.9 ⁴ <input type="checkbox"/> ≥30 ⁵
1.5 Classification of Occupation	<input type="checkbox"/> Full-time ¹ <input type="checkbox"/> Part-time ² <input type="checkbox"/> Unemployed ³
1.6 Highest Educational Level	<input type="checkbox"/> Primary ¹ <input type="checkbox"/> Secondary ² <input type="checkbox"/> Tertiary ³ <input type="checkbox"/> Not educated ⁴
1.7 Living condition	<input type="checkbox"/> Private ¹ <input type="checkbox"/> Public ² <input type="checkbox"/> Hostel ³
1.8 Diet	
1.8.1 Fluid intake	<input type="checkbox"/> <1500cc ¹ <input type="checkbox"/> ≥1500cc ²
1.8.2 Fiber intake	<input type="checkbox"/> < 20-35g/day ¹ <input type="checkbox"/> ≥ 20-35g/day ²
1.10 Life style	
Exercise more than twice per week (each session more than half hour)	<input type="checkbox"/> Yes ¹ <input type="checkbox"/> No ²

Clinical Data Sheet

2.1 How long have you taken anti-psychotic drugs 2.2 Do you have constipation after taking anti-psychotic drugs	<input type="checkbox"/> < 24 months ¹ <input type="checkbox"/> ≥24 months ² <input type="checkbox"/> Yes ¹ <input type="checkbox"/> No ²
2.3 Do you taking laxatives or other drug for relieving constipation during study?	<input type="checkbox"/> Yes ¹ <input type="checkbox"/> No ² (If Yes, Please answer 2.4)
2.4 Types of drug used for relieving constipation	<input type="checkbox"/> Bulking agent ¹ (Metamucil) <hr/> <input type="checkbox"/> Stimulant laxative ² (Xanax, bisacodyl) <hr/> <input type="checkbox"/> Osmotic laxative ³ (Lactose) <hr/> <input type="checkbox"/> Stool softeners ⁴ (docusate sodium) <hr/> <input type="checkbox"/> Others ⁵ <hr/>
2.5 The total number of drugs used for relieving constipation	<input type="checkbox"/> 0 ¹ <input type="checkbox"/> 1 ² <input type="checkbox"/> 2 ³ <input type="checkbox"/> >2 ⁴
2.6 Types of drug used for treating psychiatric illness	<input type="checkbox"/> Antipsychotics(Conventional) ¹ <hr/> <input type="checkbox"/> Antipsychotics(Atypical) ² <hr/> <input type="checkbox"/> Antidepressant ³ <hr/> <input type="checkbox"/> Mood Stabilizers ⁴ <hr/>

	<input type="checkbox"/> Anticonvulsants ⁵ _____ <input type="checkbox"/> Anxiolytics ⁶ _____ <input type="checkbox"/> Anti-parkinsonism ⁷ _____ <input type="checkbox"/> Drugs Others ⁸ _____
2.7 The total number of drugs used for treating psychiatric illness	<input type="checkbox"/> 0 ¹ <input type="checkbox"/> 1 ² <input type="checkbox"/> 2-3 ³ <input type="checkbox"/> 3-4 ⁴ <input type="checkbox"/> >4 ⁵

Date of interview:_____

Name of participant:_____

Name of researcher:_____